

Self-Control

1. Self-Control Defined

Self-control can easily be understood as “having self-mastery”

2. Self-Control Biblically Commanded

- a) At Creation Genesis 2:16, 4:6-7

- b) In Wisdom Literature Proverbs 5:21-23

- c) Commanded for every believer Titus 2:1-6, 11-12; 2 Timothy 1:7

3. The Paradox of Self-Control

- Only God can change a person’s heart

- Yet God holds us responsible for our actions

4. Practical Pursuit of Self-Control

- a) Anticipate and Prevent Temptation Proverbs 6:27-28

- b) Quote Scripture

5. God’s Glory: The Purpose and Motivation of Self-Control