

FAKE NEWS ALERT – "TIME HEALS ALL WOUNDS"

Types of "Wounds"

- Circumstance-inflicted hurts...death and loss
- Self-inflicted hurts...regrets and guilt
- Hurts by others

The Needed truth: Psalm 147:3

Healing comes through forgiveness, not time.

Issue #1: We can't give what we don't have. Forgiven people can be forgiving people. *Ephesians 4:32; Matthew 6:14-15*

Issue #2: We confuse vengeance and justice. *Romans 12:17-21*

Issue #3: We confuse our responsibility with the offender's responsibility.

Issue #4: We confuse forgiveness and reconciliation.

Issue #5: We confuse forgiveness with forgetting.

Practical Action Steps

1. Transfer the situation to God. *1 Peter 2:23*
2. Correct any negative thoughts concerning the one who offended me.
3. Be open to reconciliation if the offender demonstrates repentance.
4. Ask God for help with the healing from the hurt.