

# Worship with us in the Word

Songs Jesus Knew – Jesus' Mixtape #4

Psalm 77 – Asaph's SMS to God

Pastor Jack Austin

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Lament Psalms – Various elements, but not all appear in every lament

- Calling to God in Prayer
- A complaint or hard circumstance
- A petition – boldly stated
- A call for vengeance
- Confession of sin or declaration of innocence
- Vow to praise God
- Expression of confidence

Psalm 77 – Asaph's SMS to God – Where he starts...

S - uffering

M - isery

S - ilence

Crying Out to God – vv. 1-2

Remembering & Meditating – vv. 3-6

The Big Questions/Complaint – vv. 7-10

The Resolution – Where he ends up...

Remembering God's Mighty Deeds – vv. 11-12

Confident of God's Ultimate Help – vv. 13-20

Making It Personal – Why is a spoken or written lament valuable?

- For the individual:
- For the church family: