10/16/2016 PM CBC Family Series 2 of 5 Developing a Discipline Plan

Discipline Is Not a Dirty Word

Lesson one review

Determine my heart motivation

Parenting and mentoring goal Ephesians 6:4, Proverbs 1:8, 19:26

Define discipline - the practice of training people through praise, correction, loss and / or punishment, and reward to obey God's rules or a code of behavior, by connecting their heart to God. Hebrews 12:1–17

Define the person Proverbs 1:2–6, 22; 1 John 2:9–17; 1 Thess. 5:14–24

Saved / unsaved

Simple, young, little ones

Weak, fainthearted, discouraged, drooping

Unruly (idle) / rebellious, scoffer, fool

Wise / father

Define the sin / skill

Is it a sin or a skill weakness?

Rebellion or childishness?

Determine the discipline

Types of correction

Correction / encourage / exercise (instruction, nurture, chasten, practice, lay aside weight & sin, run, ponder, strengthen)

Natural and / or prescribed loss

Punishment (pain / loss without injury) Psalm 23:4; Proverbs 13:24

Praise / encourage 1 Thessalonians 5:14

Reward / blessing / grace

Based upon the type of person

Based upon the type of infraction

Homework:

Refine my goal as a parent / mentor

How can I show the gospel of Jesus in my discipline plan?

Make a list of skills your child needs help developing. How could your discipline plan help them in this?

Create a discipline plan...

Rebellion

Loss / Punishment

Thinking / instruction - scripture memory, think plan

Dependence - confession, prayer, thanksgiving

Goals – plan for repair, practice / implementation

Childishness

Natural consequence / loss

Thinking / instruction – scripture memory, think plan

Dependence – prayer, thanksgiving

Goals – plan for practice / implementation

Encourage, reward

For discussion groups and personal thinking:

What is the right heart goal in parenting / mentoring?

Does a mentor discipline a mentee? Should a parent discipline alone?

In the last discipline situation was your child being childish or rebellious? Why did you think this?

Answer stray questions. Make sure homework is understood.